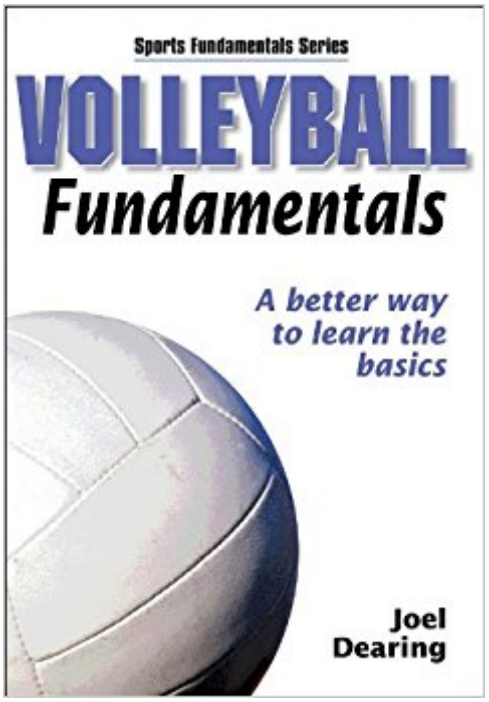
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Volleyball Fundamentals (Sports Fundamentals)



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Synopsis

Learning to play volleyball has never been more effectiveÃ¢â ¬â •or more funÃ¢â ¬â •than with Volleyball Fundamentals. Students will enjoy using this resource because they will learn by doing, spending less time reading and more time engaged in playing the game. With simple instructions and accompanying photographs you'll find it easy to teach them to play volleyball quickly and simply.Volleyball Fundamentals begins by teaching formations and rotations so that students get an immediate sense of where they belong on the court. Chapters are devoted to mastering specific skills such as serving, receiving, setting, attacking, blocking, and digging. Sections on offensive and defensive tactics, scoring systems, rules, rotations, and on-court communication make the game as easy for you to teach as it is for your students to learn. Each chapter addresses a specific skill, leading the student through a simple, four-step sequence:Ã Â You Can Do It: The skill is introduced with sequential instructions and accompanying photographs.Ã Â More to Choose and Use: Variations and extensions of the primary skill are covered.Ã Â Take It to the Court: Readers learn how to apply the skill in competition.Ã Â Give It a Go: These provide several direct experiencesÃ¢â ¬â •such as drills, small-sided games, and self-testsÃ¢â ¬â •for gauging, developing, and honing the skill. Writer Joel Dearing is a veteran instructor and coach with extensive knowledge of volleyball. Dearing knows how to communicate clearly and succinctly, making reading and applying the content to the court enjoyable for students of all ages.As part of the Sports Fundamentals Series, Volleyball Fundamentals will help you teach and your students learn the basic skills and tactics of the game so that they can compete on the court in no time at all.

Book Information

Series: Sports Fundamentals
Paperback: 152 pages
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Medicine

Customer Reviews

"From Volleyball USA""Spectacular! Stupendous! A real breakthrough! Although these adjectives would be exciting for any author to see in a review about his work, Joel Dearing should be thrilled regarding the one about to be used: ’User-Friendly!"

From Volleyball USA"Spectacular! Stupendous! A real breakthrough! Although these adjectives would be exciting for any author to see in a review about his work, Joel Dearing should be thrilled regarding the one about to be used: ’User-Friendly!"

This book is the standard for any serious volleybal player. My daughter had the honor to play for Coach Dearing at Springfield College for four years. He took her from being an average middle to a full fledged All-American. What more can be said.He has coached both men’s and women’s teams at Springfield and sets a standard that can’t be compared.Check out his other book - The Untold Story of William G. Morgan, Inventor of Volleyball.Go Pride!

- Volleyball fundamentals book with easy to read chapters, diagrams, rules, practice ideas (lots of drills and modified games)- Perfect for someone who wants to start coaching the game of Volleyball and doesn’t have a strong background in the sport- An easy read, and a great price for all the info included here.- delivered quickly with Prime.

Simple and understandable book. Dont expect much but the name of the book is a hit. You can understand fundamentals and get theoretic base for this game. It is what you really need if you have not read anything about volleyball and need something to start with. Book is good if you have never played volleyball or if you have never had coach or never have read anything about volleyball. So, I was fed up with playing volleyball in DIY way and decide to get some theoretic base. This book was exactly what I needed.

As described.r

My daughter needed this book for her college volleyball course and loved it! Will recommend to others who have teens in High school just learning about volleyball too!

Good product and seller.

This is a good "starting" coaches book for the grade school level. There are NO advanced strategies here. But if you are a new coach, it is a good book to learn the basics.

Good book for what it is. This does cover the fundamentals of volleyball. It includes the different offense, defense, and history of the game. I have enjoyed this book and recommend it to anybody who wants to get into volleyball.

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